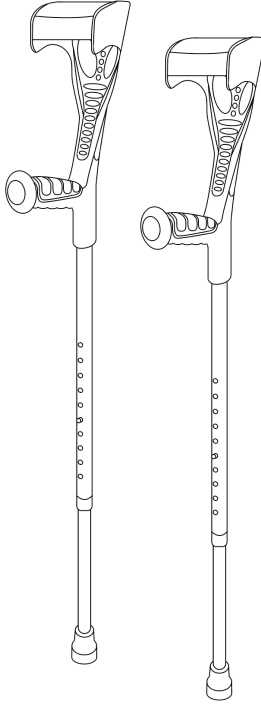




## **Deluxe Forearm Crutches (Pair)**



VP146TA Black

VP146TB Blue

VP146TC Purple

## **User and Maintenance Instructions**



## Introduction

Thank you for purchasing these Aidapt Crutches. This user manual has been created to ensure that you are in possession of the knowledge to safely use and maintain your equipment.



This manual contains essential safety information, it must be thoroughly read and understood prior to use. The manual should be retained with the crutches and made available to all users.

Please ensure that you fully understand the contents of this manual prior to use of the equipment. Should you be unsure of any point, please to contact us for clarification on 01744 745020 or at [sales@aidapt.co.uk](mailto:sales@aidapt.co.uk).

## Intended Use

A mobility aid designed to assist a person with disability or injury to support their weight while walking.

## Manufacturer Information

These crutches have been supplied by:



Aidapt Bathrooms Limited  
Lancots Lane  
Sutton Oak  
St Helens  
Merseyside WA9 3EX UK



0044 (0)1744 745020



[sales@aidapt.co.uk](mailto:sales@aidapt.co.uk)



[www.aidapt.co.uk](http://www.aidapt.co.uk)

## European Authorised Representative

This walking stick has been placed on the EU market by:



Aidapt BV  
Algolweg 22 3821BH  
Amersfoot Netherlands



[nederland@aidapt.eu](mailto:nederland@aidapt.eu)

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User Weight Limit: **100kg (15.5 stone)**

**DO NOT exceed the weight limit stated – doing so could put the user at risk.**

## **BEFORE USE**

Carefully remove all packaging. Avoid using any knives or other sharp instruments as this may damage the surface of the product.

Check the product for any visible damage. If you see any damage or suspect a fault, do not use your product, but contact your supplier for support.

## **HEIGHT ADJUSTMENT**

This range of crutches adjust i height using a simple push pin mechanism.

1. Grip shaft with one hand whilst pushing the metal locking pins down with the other hand so the locking pins retract fully into the shaft.
2. Select required height by adjusting the top section of the shaft in an upwards or downwards motion and release the metal locking pins in front of the required hole position.



**Prior to use always ensure that the locking pins fully protrude from the selected hole position as per picture and, by applying downward pressure on the handle of the crutch, test that the crutch has been assembled correctly.**



## CLEANING

Clean your Crutches using a non-abrasive cleaner or mild detergent with a soft cloth. Abrasive cleaners e.g. AJAX and/ or abrasive cleaning pads may seriously damage the product beyond repair and should not be used. Always ensure that you wipe dry the equipment after cleaning.

## Maintenance & Re-issue

In addition to pre-use checks detailed, in order to ensure that your crutches remain safe and reliable, a care and maintenance schedule should be established.

Maintenance Schedule	
Weekly	Periodically and at Re-issue
<ul style="list-style-type: none"><li>• Check crutch for bent or damaged tube and cracks on tube</li><li>• Check forearm support for damage or cracks</li></ul>	<ul style="list-style-type: none"><li>• Check handle for wear</li><li>• Ensure that height adjustment holes show no sign of elongation and securely hold pin in place</li><li>• Ensure that locking collar is fully functioning</li><li>• Check ferrules (rubber tips) for wear or damage</li></ul>



**WARNING** The crutches should be removed from use immediately should signs of damage or wear be observed

## IMPORTANT INFORMATION

Please exercise common sense and do not take any unnecessary risks when using this product; as the user you must accept liability for safety when using the product.

Please do not hesitate to contact the person who issued this product to you or the manufacturer (detailed below) if you have any queries concerning the assembly/use of your product.

**Aidapt Bathrooms Ltd, Lancots Lane, Sutton Oak, St Helens, WA9 3EX**  
**Telephone: +44 (0) 1744 745 020 · Web: [www.aidapt.co.uk](http://www.aidapt.co.uk) Email: [sales@aidapt.co.uk](mailto:sales@aidapt.co.uk)**