



This user manual contains essential information in relation to safe use and should be retained with the walking stick for reference

# Walking Sticks



## User Manual

### Walking Sticks (non-folding)

VP155B

VP155D

VP155FB

VP155K

VP155BM

VP155DM

VP158S VP158M VP158L

VP158ELS VP158ELM VP158ELL

VP158ERS VP158ERM VP158ERL



Aidapt Bathrooms Limited  
Lancots Lane  
Sutton Oak  
St Helens  
Merseyside WA9 3EX UK



## Introduction

Thank you for purchasing this Aidapt Walking Stick. This user manual has been created to ensure that you are in possession of the knowledge to safely use and maintain your walking stick.



This manual contains essential safety information, it must be thoroughly read and understood prior to use. The manual should be retained with the walking stick and made available to all users.

This manual contains various Warnings, Cautions and Notes. These should be regarded as follows;

### **WARNINGS**

Warnings used in this manual relate to conditions which, if not followed, may result in physical injury to yourself or others.

### **CAUTIONS**

Cautions used in this manual relate to conditions which, if not followed, may result in damage to the device.

Please ensure that you fully understand the contents of this manual prior to use of the equipment. Should you be unsure of any point, please to contact us for clarification on 01744 745020 or at [sales@aidapt.co.uk](mailto:sales@aidapt.co.uk).

## Intended Use

A walking aid with one leg and a handgrip or curved handle, used to support a person to maintain their balance and support their weight while walking. These walking sticks are height adjustable and can fold for easy storage/transportation.

## Manufacturer Information

This walking stick has been supplied by:



Aidapt Bathrooms Limited  
Lancots Lane  
Sutton Oak  
St Helens  
Merseyside WA9 3EX UK



0044 (0)1744 745020



[sales@aidapt.co.uk](mailto:sales@aidapt.co.uk)



[www.aidapt.co.uk](http://www.aidapt.co.uk)

## European Authorised Representative

This walking stick has been placed on the EU market by:



Aidapt BV  
Algolweg 22  
3821BH Amersfoort  
Netherlands

## Compliance Marking



Your walking stick has been designed and tested in compliance with the requirements of Standard BS EN 1985, the EU Medical Device Regulations 2017/745 and the UK Medical Devices Regulations. The device carries UKCA and CE marks to demonstrate compliance with the relevant Regulations.

## Device Life Expectancy

We expect a life expectancy of 2 years for this product, provided that:

- It is used in strict accordance with the intended use as set out in this document.
- All service and maintenance requirements are met.

The estimated life expectancy can be exceeded if the product is carefully used and properly maintained.

The life expectancy can also be considerably reduced by extreme or incorrect usage.

The life expectancy for this product does not constitute an additional warranty.

## Safety Considerations

Please ensure that you read and fully understand all of the below safety considerations prior to use of the walking stick.



## Safety Warnings



### WARNING

**SWL** The safe working load (SWL) is the maximum user weight. Exceeding the listed weight capacity could put the user at risk. The maximum safe working load is clearly identified on each walking stick. This must not be exceeded, if you are over the specified weight capacity please contact the product specifier or your Occupational Therapist and do NOT use the walking stick

### 120KG (18.9 Stone) Weight Limit

VP155B Ergonomic handled walking stick (Left hand)

VP155D Ergonomic handled walking stick (Right hand)

VP155FB Walking cane with strap

VP155K Walking stick wood effect handle

VP155BM Ergonomic palm handled walking stick (Left hand)

VP155DM Ergonomic palm handled walking stick (Right hand)

### 127KG (20 Stone) Weight Limit

VP158S VP158M VP158L Aluminium walking stick (small/medium/large)

VP158ELS VP158ELM VP158ELL Aluminium ergonomic walking stick, Left hand (small/medium/large)

VP158ERS VP158ERM VP158ERL Aluminium ergonomic walking stick, Right hand (small/medium/large)



**WARNING Height Adjustment** The walking stick features height adjustment which must be set to suit the user prior to first use. Refer to page 4 for details.



**CAUTION** Avoid using knives or other sharp instruments to remove packaging, as this may cause damage to the product.



**WARNING** Check the walking stick for signs of visual damage. If damage is seen or a fault is suspected, the walking stick must NOT be used and you should contact your supplier for support.

## Use of the Walking Stick




Please ensure that you have thoroughly read and understood all of the instructions and safety considerations in this User Manual.


### Pre-use Checks

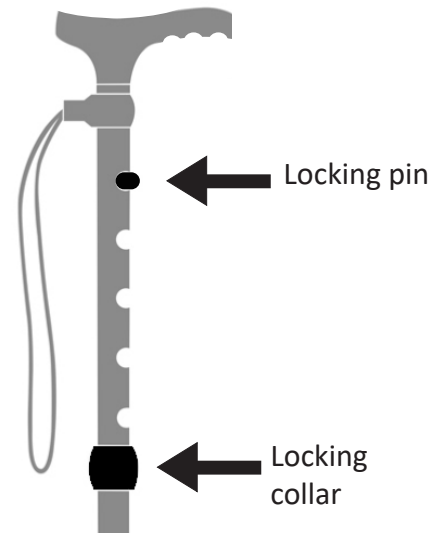
Prior to each use it is essential that the walking stick is visually checked for damage. This includes the condition of the stick, ferrules and handle and ensuring that the height adjustment pin and collar are secure. Should damage be seen or suspected the walking stick must NOT be used and you should contact your equipment provider.

### Height Adjustment

1. Locate and loosen the locking collar by turning it clockwise
2. Grip the stick with one hand whilst pushing the metal locking pin down with the other hand so that the locking pin retracts fully into the shaft.
3. Select the required height by adjusting the top section of the shaft in an upwards or downwards motion and release the locking pin into the required hole position.
4. Once adjusted to the necessary height, secure the tightening nut by turning it anti-clockwise until secure.

 **WARNING** Prior to use always ensure that the locking pin fully protrudes from the selected hole position and by applying downward pressure on the handle of the walking stick has been assembled correctly.

 **WARNING** If there is any doubt as to the correct height for the user, a competent healthcare professional should be consulted.



## Care and Maintenance

### Maintenance & Re-issue

In addition to pre-use checks detailed, in order to ensure that your walking stick remains safe and reliable, a care and maintenance schedule should be established.

Maintenance Schedule	
Weekly	Periodically and at Re-issue
<ul style="list-style-type: none"><li>Check walking stick for bent or damaged tube and cracks on tube</li></ul>	<ul style="list-style-type: none"><li>Check handle for wear</li><li>Ensure that height adjustment holes show no sign of elongation and securely hold pin in place</li><li>Ensure that locking collar is fully functioning</li><li>Check ferrules (rubber tips) for wear or damage</li></ul>



**WARNING** The walking stick should be removed from use immediately should signs of wear or damage be identified.

### Cleaning & Disinfection

All of the product components are manufactured from quality materials. However, it is very important that you only clean your walking stick using a non-abrasive cleaner or mild detergent and a soft cloth. Avoid using limescale remover; abrasive cleaners (e.g CIF) and abrasive cleaning pads, all of which may seriously damage the walking stick.

### Important Information

The information given in this instruction booklet must not be taken as forming part of or establishing any contractual or other commitment by Aidapt Bathrooms Limited, Aidapt (Wales) Ltd or its agents or its subsidiaries and no warranty or representation concerning the information is given.

Please exercise common sense and do not take any unnecessary risks when using this product; as the user you must accept liability for safety when using the product.

Please do not hesitate to contact the person who issued this product to you or the manufacturer (detailed below) if you have any queries concerning the assembly/use of your product.



Declaration of Conformity UDI: 2203/31112



We,

**Product Manufacturer:** Aidapt Bathrooms Limited  
**SRN:** 2203  
**Address:** Lancots Lane  
 Sutton  
 St Helens  
 WA9 3EX  
 UK

declare under our sole responsibility that the device;

**Device Name:** Single Base Walking Stick  
**GMDN:** 31112 Single-base walking stick  
**Basic UDI-DI:** 5021196SBWSY5

Product/Catalogue Code	Description	UDI-DI
VP155B	Ergonomic walking stick (height adjustable) LH	5021196634638
VP155D	Ergonomic walking stick (height adjustable) RH	5021196634645
VP155BM	Height adjustable palm grip ergonomic walking stick LH	5021196774310
VP155DM	Height adjustable palm grip ergonomic walking stick RH	5021196774303
VP155K	Height adjustable walking stick, wood handle	5021196634676
VP156	Height adjustable, folding ergonomic walking stick RH	5021196610502
VP158S	Aluminium walking stick (small)	5021196751236
VP158M	Aluminium walking stick (medium)	5021196751243
VP158L	Aluminium walking stick (large)	5021196751250
VP158ERS	Ergonomic aluminium walking stick RH (small)	5021196751274
VP158ERM	Ergonomic aluminium walking stick RH (Medium)	5021196751298
VP158ERL	Ergonomic aluminium walking stick RH (large)	5021196751311
VP158ELS	Ergonomic aluminium walking stick LH (small)	5021196751267
VP158ELM	Ergonomic aluminium walking stick LH (Medium)	5021196751281
VP158ELL	Ergonomic aluminium walking stick LH (large)	5021196751304

**Intended Purpose:**

A walking aid made of wood or metal with one leg and a handgrip or curved handle, used to support a person with disability to maintain their balance and support their weight while walking. Includes fixed or adjustable length models, and may be collapsible or non-collapsible.

**Object:**

to which this declaration relates is classified as risk Class 1, according to the rules set out in Annex VIII, is in conformity with the following relevant legislation;

- Directive 93/42/EEC on medical devices (EU MDD)
- UK MDR 2002

and that the device carries the UKCA Mark as required under UK law.

We confirm that the listed devices are in conformity with the following standards;

- BS EN ISO 1985:1999 Walking aids. General requirements and test methods
- BS EN ISO 14971:2019 Medical devices. Application of risk management to medical devices

**Place and date of issue:** Lancots Lane, Sutton, St Helens, Merseyside WA9 3EX UK October 2022

**Signed by, for and on behalf of Aidapt Bathrooms Limited:**  \_\_\_\_\_

**Designation:** Managing Director

Mr Mark Benyon



Issue a Issue Date Oct 2022

Author M Adamou

Authorisation

M Benyon

Declaration of Conformity UDI: EU-31112



We,

**Product Manufacturer:** Aidapt Bathrooms Limited**Address:** Lancots Lane  
Sutton  
St Helens  
WA9 3EX  
UK**Authorised Representative (EU):** Aidapt B.V**Address:** Algolweg 22  
3821BH Amersfoort  
Netherlands  
+31-33 2779210

declare under our sole responsibility that the device;

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**Object:**

to which this declaration relates is classified as risk Class 1, according to the rules set out in Annex VIII, is in conformity with the following relevant EU harmonisation legislation;

- Regulation (EU) 2017/745 relating to medical devices

and carry the required CE mark.

We confirm that the listed devices are in conformity with the following standards;

- BS EN ISO 1985:1999 Walking aids. General requirements and test methods
- BS EN ISO 14971:2019 Medical devices. Application of risk management to medical devices

**Place and date of issue:** Lancots Lane, Sutton, St Helens, Merseyside WA9 3EX UK June 2023

**Signed by, for and on behalf of Aidapt Bathrooms Limited:** \_\_\_\_\_

Mr Mark Benyon

**Designation:** Managing Director



Issue a Issue Date June 2023

Author M Adamou

Authorisation

M Benyon